



Disclaimer: In consideration of the furtherance of your purpose, objective and work, and in consideration of your permitting me to participate in your "Run/walk" event on behalf of myself, my heirs, executors, administrators and assigns, I hereby waive and release any and all rights and claims for damages which I may have against you, the municipalities through which the event will take place, as well as any other person connected with the event, their heirs, executors, administrators, successors and assigns for any and all injuries which I may suffer while taking part in the event or as a result thereof.

Signature _____

Date _____

Parent's Signature (if under 18):

Date: _____

Sponsors

Green Savers
yourgreensavers.com

VWR
vwr.com

**Keystone Property
Connections**

Alternative Energy
Altern-energy.com

3.5 Mile Run/Walk
6.5 Mile Run

The Natural Land Trust's

Stroud Preserve

Sunday, September 28
9:00 AM

Registration and start line
at the base of Stroud
Preserve on Creek Road in
West Chester

Register on-line at
www.runccrs.com

Come out and run or walk over the hilly, scenic trails of Stroud Preserve in beautiful central Chester County. All race proceeds will go towards demonstration and educational projects related to climate change.

Both courses are fairly challenging with the 6.5 mile course being the more difficult of the two. They both start and finish by the 1st bridge in the preserve.

454 North Creek Rd
West Chester, PA 19382

Stroud Preserve is a Natural Lands Trust property, over 576 acres of ecologically important land in East Bradford Township. Thank you for respecting the Preserve's rules by staying on the designated trails.

Race Information

DATE & TIMES:

Saturday, September 27 at
9:00AM-3.5 Mile Race
9:45AM-6.5 mile race
Registration starts at 7:45AM.

Amenities

*All runners who register by September 10 will be guaranteed a reusable canvas bag with the race logo. All others will receive a bag while supplies last.

*Post-race refreshments.

*Awards to the age group winners.

*Cash to the top 3 male and female finishers.

FEES:

Pre-registration-by September 10-\$20.00

Post-registration-from April 10 to the day of the race-
\$25.00

Run both races for \$25.00(pre-registration)
\$30.00(day of the race)

Checks should be made payable to **4CP**.

Mail to:

**Chester County Running Store
24B South High Street
West Chester, PA 19382**

Questions:

Call 610-696-0115

Register on-line at www.runccrs.com

Registration Form

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

3.5 mile _____ 6.5 mile _____ SEX: M or F

Age _____

Are you on the ccrs e-mail list? Y N

EMAIL: _____

Pre-Registration (postmarked by 9/10/08) **\$20**

Late Registration (until race time) \$25

Both races-Pre-Registration-\$25

Both races-Post-Registration

**Make checks Payable & Mail to:
4CP**

**Chester County Running Store
24B South High Street
West Chester, PA 19382**